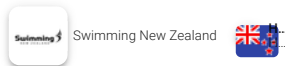




N.A.G.S



400m Freestyle Wome... Final

2023 Apollo Projects NZ Age Group S...

Points Swimmers Files Scoreboard

Session 1 Wed 09:10 AM	Session 2 Wed 05:40 PM	Session 3 Thu 09:10 AM	Session 4 Thu 05:40 PM	Session 5 Fri 09:10 AM	Session 6 Fri 05:40 PM	Session 7 Sat 09:10 AM	Session 8 Sat 05:40 PM
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Session 10 Sunday 05:40 PM
33 05:40 PM 100m Backstroke Men Final
113 05:57 PM 100m Backstroke Men Mul...
34 06:02 PM 100m Backstroke Women ...
114 06:19 PM 100m Backstroke Women ...
35 06:24 PM 200m Butterfly Men Final
36 06:48 PM 200m Butterfly Women Final
37 07:37 PM 400m Freestyle Men Final
115 08:11 PM 400m Freestyle Men Multi-...
116 08:20 PM 400m Freestyle ... LIVE
38 08:29 PM 50m Breaststroke Men Final
39 08:43 PM 50m Breaststroke Women ...
40 08:58 PM 1500m Freestyle Women F...
1000 09:19 PM 4x50m Freestyle Champio...

115 400m Freestyle Men Multi-Class Heat Official

Entries Heats

Total

Rank	Competitor	Age	Club	RT	FINA	Result
1	Smith-Frank...	17	North Shore ...	+0.75		4:39.21 S14 N... Entry: 4:42.42 (- 3.21) Q
	50m: 31.69		100m: 1:07.18 (35.49)			
	150m: 1:43.23 (36.05)		200m: 2:19.30 (36.07)			
	250m: 2:55.18 (35.88)		300m: 3:30.76 (35.58)			
	350m: 4:05.82 (35.06)		400m: 4:39.21 (33.39)			
2	Conlon Bailey	17	Te Arawa S...	+0.77		5:09.99 Entry: 4:42.60 (+ 27.39) Q
	50m: 32.85		100m: 1:11.19 (38.34)			
	150m: 1:51.41 (40.22)		200m: 2:32.06 (40.65)			
	250m: 3:12.10 (40.04)		300m: 3:52.13 (40.03)			
	350m: 4:31.70 (39.57)		400m: 5:09.99 (38.29)			
3	Haydon Ja...	16	Parnell Swim...	+0.74		5:27.22 Entry: 5:19.11 (+ 8.11) Q
	50m: 34.43		100m: 1:13.72 (39.29)			
	150m: 1:56.31 (42.59)		200m: 2:38.22 (41.91)			
	250m: 3:21.05 (42.83)		300m: 4:04.28 (43.23)			
	350m: 4:46.45 (42.17)		400m: 5:27.22 (40.77)			
0	Hoggard (V)...	16	Australia			DSQ